

PRINTABLE ITINERARY

3-Day Copenhagen Day Trip Itinerary

From our guide [Top 10 Best Day Trips from Copenhagen](#). Print it or save it to your phone.



You can see the best of the Copenhagen region in three days by grouping trips by direction. The itinerary below is also available as a free printable PDF, which you can download near the top of this guide.

Day 1: The north coast

Take an early Coastal Line train to Humlebæk and spend the morning at the Louisiana museum, including a walk in the sculpture garden. After lunch, continue by train to Helsingør and visit Kronborg Castle, then walk through the old town before returning to Copenhagen in the evening.

Day 2: Malmö

Take the Øresund train to Malmö in the morning and start in the old centre around Lilla Torg. Visit Malmöhus Castle and the park, then walk to the Western Harbour for the Turning Torso and a late lunch. Return to Copenhagen by train in the late afternoon, carrying your passport or ID.

Day 3: Roskilde and Hillerød

Catch an early train to Roskilde and see the cathedral and the Viking Ship Museum before lunch. Return to Copenhagen and take the S-train to Hillerød, then walk to Frederiksborg Castle for the afternoon. If you prefer a lighter day, swap Hillerød for a stroll in Dyrehaven.

The 10 places at a glance

1. Roskilde

How to get there: Regional train from Copenhagen Central Station to Roskilde, then a short walk or local bus into the centre.

How long to spend: Half a day for the cathedral and museum, or a full day with the town and harbour.

Best time to go: Weekday mornings, when the cathedral is calm and the light is good for the harbour.

Tip: If you also want to see Hillerød, take an early train out and be back in Copenhagen by lunchtime.

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2. Helsingør and Kronborg Castle

How to get there: Coastal Line train from Copenhagen Central Station to Helsingør, then walk to the castle.

How long to spend: Three to four hours, or a full day with the Maritime Museum and the old town.

Best time to go: Spring to early autumn for the castle grounds, though the interior is worth visiting year round.

Tip: A Copenhagen Card can cover transport and entry to several sights on this route, so check whether it suits your plan.

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3. Louisiana Museum of Modern Art, Humlebæk

How to get there: Coastal Line train from Copenhagen Central Station to Humlebæk, then a signposted walk of about 10 to 15 minutes.

How long to spend: Three to four hours, longer if you want to see everything and stop at the cafe.

Best time to go: A weekday morning, ideally on a clear day for the garden and sea view.

Tip: A Copenhagen Card can cover both the train and museum entry, so compare it with buying tickets separately.

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4. Frederiksborg Castle, Hillerød

How to get there: S-train from Copenhagen to Hillerød, then walk about 15 minutes or take a local bus.

How long to spend: Three to four hours, including the museum and the gardens.

Best time to go: Late spring to early autumn for the gardens, though the interiors are the main draw all year.

Tip: Allow time for the Baroque Garden, which is separate from the castle rooms and free to walk around, although its fountains and cascades usually only run in the warmer months.

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5. Malmö

How to get there: Øresund train from Copenhagen Central Station or the airport to Malmö Central, then walk into the centre.

How long to spend: A full day is comfortable, or half a day if you stick to the old town and Lilla Torg.

Best time to go: Late spring to early autumn, when the harbour and beaches are at their best.

Tip: Keep your passport or ID with you, as the border can have checks, and buy a return ticket in advance to avoid queues.

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6. Møns Klint

How to get there: Train from Copenhagen to Vordingborg, then a bus to Stege and a second bus to the GeoCenter, or drive.

How long to spend: A full day, with at least two to three hours at the cliffs.

Best time to go: Spring to October, when the GeoCenter is open and the bus runs to the cliffs.

Tip: Check the return bus times before you walk down to the beach, as the last connections can be early.

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7. Dragør

How to get there: Bus from central Copenhagen, or metro to the airport and a local bus on to Dragør, and check the route with Rejseplanen.

How long to spend: Two to three hours, or half a day with the museum and a harbour lunch.

Best time to go: A dry day in spring to early autumn, when the harbour is busiest.

Tip: Pair Dragør with a walk along the coast or a stop at the Amager Museum if you have extra time.

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8. Køge

How to get there: S-train from Copenhagen Central Station to Køge, then walk into the old town.

How long to spend: Three to four hours, longer if you add the harbour and a museum.

Best time to go: A market day for atmosphere, or a weekday for a quieter walk.

Tip: Check the opening arrangements of the museums, as small local museums can close on certain weekdays.

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9. Dyrehaven and Bakken, Klampenborg

How to get there: S-train to Klampenborg station, then walk into the park.

How long to spend: Half a day for the forest, or longer with Bakken and the beach.

Best time to go: Spring and autumn for walks and deer, and summer for Bakken and the beach.

Tip: Wear walking shoes, as paths can be muddy, and keep your distance from the deer.

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10. Odense

How to get there: Intercity train from Copenhagen Central Station to Odense, then walk into the centre.

How long to spend: A full day, with the museum and a walk through the old town.

Best time to go: Late spring to early autumn, when Funen Village and outdoor spaces are at their best.

Tip: Book train tickets in advance, as early fares can be much cheaper than same-day tickets.

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Getting around Copenhagen and the region

The train network is the best way to reach most of these day trips. Regional trains, S-trains and the Øresund trains all leave from Copenhagen Central Station or nearby stations. Use the [DSB website](#) for routes, tickets and timetables.

Ticket zones cover most of the S-train and regional network around the capital, and a Copenhagen Card can cover transport and entry to many of the sights in this guide. Check the current terms before you buy, as coverage depends on the card you choose.

Opening times, prices and transport change often, so check with each venue or operator before you go. For the full guide, photos and FAQs, see <https://toptravelinsider.com/top-10-best-day-trips-from-copenhagen/>.