PRINTABLE ITINERARY

3-Day Athens Brunch Itinerary

From our guide **Top 10 Best Brunch Spots in Athens**. Print it or save it to your phone.



Day 1: Kolonaki and the National Garden

Start with a croissant at Queen Bee, then walk through Kolonaki to the Benaki Museum or the National Garden. Return to Me Kolonaki for a late all-day brunch if you want a second stop, or save it for another morning. The walk between the two is only a few minutes, so this day is relaxed.

Day 2: Koukaki and the Acropolis

Eat at Feelings first, then walk to the Acropolis Museum and the Acropolis itself. Have a second, lighter meal at Bel Ray, or return to the bakery for pastries. The sights are all within walking distance of Koukaki, so no transport is needed.

Day 3: Thissio, Monastiraki and Psyrri

Begin at The Underdog or Sin Athina for coffee and a view, then walk to the Ancient Agora. Continue through Monastiraki to The Brunchers for a second meal, or to Minu in Psyrri if you prefer coffee and an egg bowl. Pangrati cafes such as Ohh Boy and Hippy3 make good alternatives on a spare morning, reached by a short taxi ride.

The 10 places at a glance

1. Queen Bee

How to get there: Walk from Evangelismos metro station, about 10 minutes, or from Syntagma Square, about 15 minutes uphill.
How long to spend: About 1 hour.
Best time to go: A weekday morning, to avoid the weekend crowd.
Tip: Order a croissant even if you have chosen a savoury plate, and check the current opening days before you set out.
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2. Me Kolonaki

How to get there: Walk from Evangelismos metro station, about 10 minutes, or from Syntagma Square, about 15 minutes.
How long to spend: 1 to 1.5 hours.
Best time to go: Late morning on a weekday, or book for the weekend.
Tip: Ask about gluten-free and dairy-free options, and book ahead for Saturday or Sunday.
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3. Feelings

How to get there: Walk from Syngrou-Fix metro station, about 10 minutes, or from the Acropolis Museum, about 10 minutes.
How long to spend: About 1 hour.
Best time to go: A weekday morning, before the crowd arrives.
Tip: Order a pastry to take away for later, and confirm the address and opening days before you set out.
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4. Bel Ray

How to get there: Walk from Syngrou-Fix or Acropoli metro station, about 10 minutes.
How long to spend: About 1 hour.
Best time to go: Early in the day, before the main rush.
Tip: Check the current opening days and brunch menu before you go, as the main guides are dated.
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5. Ohh Boy

How to get there: Walk from Evangelismos metro station, about 15 minutes, or take a short taxi ride from Syntagma.
How long to spend: About 1 hour.
Best time to go: A weekday morning, for a quieter table.
Tip: Check the menu if you need vegan, dairy-free or egg-free food, as dishes change.
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6. Hippy3

How to get there: Walk from Evangelismos metro station, about 15 to 20 minutes, or take a short taxi ride from the centre.
How long to spend: 1 to 1.5 hours.
Best time to go: Weekday late morning, when it is relaxed.
Tip: Try the carrot cake with your coffee, and check the current hours before you go.
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7. The Brunchers

How to get there: Walk from Monastiraki metro station, about 5 minutes, along Ermou Street and Agias Theklas Street.
How long to spend: 1 to 1.5 hours.
Best time to go: A weekday morning, before the weekend queue.
Tip: Order the signature brunch bun to share, and confirm the opening days before you go.
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8. Minu

How to get there: Walk from Thissio or Monastiraki metro station, about 10 minutes, or from Kerameikos, about 8 minutes.
How long to spend: 1 to 1.5 hours.
Best time to go: Late morning on a weekday.
Tip: Order the egg bowl and a filter or espresso coffee, and check the current opening days.
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9. The Underdog

How to get there: Walk from Thissio metro station, about 3 to 5 minutes.
How long to spend: 1 to 1.5 hours.
Best time to go: Late morning or early afternoon, as brunch runs all day.
Tip: Try the specialty coffee, and sit outside if the weather is fine.
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10. Sin Athina

How to get there: Walk from Thissio metro station, about 3 minutes along Irakleidon Street.
How long to spend: 1 to 1.5 hours.
Best time to go: A clear morning, or late afternoon for a lighter brunch with a view.
Tip: Book a rooftop table in advance and bring a light jacket outside the warm months.
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Getting around Athens for brunch

The centre of Athens is compact, and most places in this guide are within a short walk of a metro station. Lines 1, 2 and 3 cover Monastiraki, Thissio, Syntagma and Evangelismos, and the official operator publishes route maps and timetables on its website. Taxis are inexpensive for short hops to Pangrati or Kolonaki, and walking is the best way to link Koukaki, Thissio and Monastiraki. Check the operator's site for current timetables and any planned works before you travel.

Opening times, prices and transport change often, so check with each venue or operator before you go. For the full guide, photos and FAQs, see https://toptravelinsider.com/top-10-best-brunch-spots-in-athens/.