PRINTABLE ITINERARY

3-Day Lisbon Pastry Itinerary

From our guide **Top 10 Best Places for Pastel de Nata in Lisbon**. Print it or save it to your phone.



You can compare the best of Lisbon's custard tarts in three days by grouping the stops by area. Each day keeps the stops close together, so you spend less time travelling between them.

Day 1: Belém and Chiado

Begin at Pastéis de Belém for the original, then visit the monastery and the riverfront. Return to the centre in the afternoon and taste the Manteigaria version in Chiado, so you can compare the two styles the same day.

Day 2: Baixa and Alfama

Start with a tart at Confeitaria Nacional on Praça da Figueira, then walk through Baixa to Fábrica da Nata for a second taste. In the afternoon, climb to Alfama for a tart at Pastelaria Santo António before visiting the castle.

Day 3: Campo de Ourique and Avenida da República

Take the tram or a taxi to Campo de Ourique for a morning tart at Pastelaria Aloma and a walk through the neighbourhood. In the afternoon, travel to Avenida da República for a sit-down tart at Pastelaria Versailles. If you want a finale, book the Time Out Academy workshop for another day.

The 10 places at a glance

1. Pastéis de Belém

How to get there: Tram 15E or a train from Cais do Sodré to Belém, then a short walk.
How long to spend: Thirty minutes to an hour, plus queue time.
Best time to go: A weekday morning or late afternoon, outside the lunchtime peak.
Tip: Ask for a table inside rather than joining the takeaway queue.
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2. Manteigaria

How to get there: Walk from Baixa-Chiado Metro to Rua do Loreto, or take a tram to Chiado.
How long to spend: Fifteen to thirty minutes.
Best time to go: Mid-morning or mid-afternoon, between the peak queues.
Tip: Ask for a tart from the latest batch if you can, because freshness makes the biggest difference.
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3. Pastelaria Aloma

How to get there: Tram 28 or a short taxi to Campo de Ourique, then a walk to Rua Francisco Metrass.
How long to spend: Thirty minutes, or longer if you explore the neighbourhood.
Best time to go: A weekday morning, when the tarts are freshest.
Tip: Combine it with a walk to the Campo de Ourique market.
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4. Confeitaria Nacional

How to get there: Metro to Rossio or Martim Moniz, then a short walk to Praça da Figueira.
How long to spend: Thirty to forty-five minutes.
Best time to go: Mid-morning, when the cabinets are full.
Tip: Take a table rather than the counter if you want to look around the tiled interior.
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5. Fábrica da Nata

How to get there: Metro to Restauradores, and the shop is on the square.
How long to spend: Fifteen to thirty minutes.
Best time to go: Morning, while there is a full tray.
Tip: Walk along Rua Augusta to the second branch if the Restauradores shop is crowded.
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6. Pastelaria Versailles

How to get there: Metro to Saldanha or Entrecampos, then a short walk along Avenida da República.
How long to spend: One hour.
Best time to go: Mid-morning, when it is calm and the counter is full.
Tip: Sit at a table by the mirrored wall for the best view of the room.
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7. Pastelaria Santo António

How to get there: Tram 12E or 28 to the Castelo area, or walk up from Alfama.
How long to spend: Fifteen to thirty minutes.
Best time to go: Early morning, before the tour groups arrive.
Tip: Take your tart and coffee to a nearby viewpoint if the shop is full.
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8. Pastelaria Suíça

How to get there: Metro to Rossio, then a short walk to the Praça da Figueira side of the block. Confirm the address on a map first.
How long to spend: Thirty minutes.
Best time to go: Mid-morning, when it is calmer.
Tip: Check that the shop is open before you go, and have a back-up nearby.
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9. Pastelaria Mexicana

How to get there: Metro to Roma-Areeiro or Alameda, then a short walk.
How long to spend: Thirty to forty-five minutes.
Best time to go: A weekday morning.
Tip: Confirm the address on a map first, as listings differ.
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10. Time Out Academy workshop

How to get there: Metro or train to Cais do Sodré, then a short walk to Time Out Market.
How long to spend: About two hours for the class.
Best time to go: Book ahead for a weekday or weekend session.
Tip: Check the dietary information when you book, as the class is not for vegans.
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Getting around Lisbon

Lisbon has a Metro, trams, buses and trains, and most of the places in this guide are close to a stop. Use the Metro de Lisboa website and the Carris website for routes, tickets and timetables.

The central districts are hilly, and the cobbled pavements can be slippery after rain, so wear comfortable shoes with a good grip. Baixa is flat and easy to walk, while Alfama and Chiado are steep. Tram 15E is the usual way to reach Belém, and trains from Cais do Sodré are a quick alternative.

Opening times, prices and transport change often, so check with each venue or operator before you go. For the full guide, photos and FAQs, see https://toptravelinsider.com/top-10-best-pastel-de-nata-in-lisbon/.