PRINTABLE ITINERARY

3-Day Porto Food Itinerary

From our guide **Top 10 Best Places to Eat in Porto**. Print it or save it to your phone.



Three days is enough to eat your way through the places in this guide without rushing. The plan below groups stops by area, so you spend more time eating and less time travelling. It is also available as a free printable PDF.

Day 1: The Baixa classics

Start with a market breakfast at the Bolhão, then walk to Casa Guedes for a pork sandwich if you are still hungry. Spend the afternoon in the Baixa and Ribeira, then go to Escondidinho or Cantinho do Avillez for dinner. Everything is within a short walk of Aliados and São Bento.

Day 2: Sandwiches and the Ribeira

Eat a cachorrinho at Gazela in the late morning, then walk down to the Ribeira for a stroll by the river. Go to Taberna dos Mercadores for an early dinner, booked or arriving before opening. In the evening, walk up to Café Santiago for a late francesinha if you have room, or save it for the next day.

Day 3: Matosinhos and a modern finish

Take the metro to Matosinhos for a long fish lunch at O Gaveto, followed by a walk along the beach. Return to the city in the late afternoon and rest. Book Pátio 44 for dinner, or visit Casa Nanda for lunch on another day if you prefer simple home cooking.

The 10 places at a glance

1. Café Santiago

How to get there: On foot from São Bento station or the Aliados area; the nearest metro stop is Trindade or Aliados.
How long to spend: About an hour, plus any queue.
Best time to go: The mid-afternoon lull, or early in the evening before the dinner rush.
Tip: Order the francesinha with the sauce on the side if you like to control the richness, and ask for water as well as a beer.
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2. Casa Guedes

How to get there: On foot from Bolhão or Trindade; the Praça dos Poveiros area sits just north of the Aliados avenue.
How long to spend: Half an hour for a sandwich and a drink.
Best time to go: A late lunch, or a mid-morning snack before the crowd arrives.
Tip: Share one sandwich with the cheese and order a second plain one if you are hungry; the difference is easy to compare.
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3. Mercado do Bolhão

How to get there: Metro to Bolhão on lines A, B, C, E or F; it is also a short walk from Aliados.
How long to spend: One to two hours, including a snack or lunch.
Best time to go: Morning for the fresh produce, or lunchtime for the restaurants.
Tip: Walk the whole market before you buy anything, then circle back for the stalls that look busiest.
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4. Taberna dos Mercadores

How to get there: On foot from São Bento station through the Ribeira streets, or walk up from the river along the Cais da Ribeira.
How long to spend: About 90 minutes.
Best time to go: Arrive early for dinner, or book for a weekday lunch.
Tip: Ask which grilled fish is freshest that day and order the rice dish to share.
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5. Gazela Cachorrinhos da Batalha

How to get there: On foot from Aliados or São Bento; Batalha is a short uphill walk from both.
How long to spend: Twenty to thirty minutes.
Best time to go: Late afternoon or early evening, before the dinner crowd.
Tip: Order two cachorrinhos rather than one, and eat them while they are hot and crisp.
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6. O Gaveto

How to get there: Metro line A towards Matosinhos, then a short walk; buses also run from the centre. Check the route planner on the day.
How long to spend: Two hours for lunch, longer if you add the beach.
Best time to go: A weekday lunch, when the fish is freshest and the room is calmer.
Tip: Book ahead, and ask what the catch of the day is before you choose.
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7. Cantinho do Avillez

How to get there: On foot from São Bento station or the Ribeira, about five minutes.
How long to spend: Two hours for dinner.
Best time to go: Dinner, with a booking, or a relaxed weekday lunch.
Tip: Share several small plates rather than ordering one large main each.
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8. Escondidinho

How to get there: On foot from Aliados, Trindade or the Coliseu do Porto, which is close by.
How long to spend: About 90 minutes.
Best time to go: A weekday lunch or an early dinner.
Tip: If you do not want tripe, ask the waiter for the best salt cod dish of the day.
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9. Pátio 44

How to get there: On foot from Aliados or Batalha, about ten to fifteen minutes; check a route planner for the nearest metro stop.
How long to spend: Two hours.
Best time to go: A weekday evening, with a booking.
Tip: Ask for the dishes to be paced so that the pão de ló arrives fresh at the end.
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10. Casa Nanda

How to get there: Roughly a 20 minute walk from Aliados, or a short bus or taxi ride.
How long to spend: About an hour for lunch.
Best time to go: A weekday lunch, after checking opening days.
Tip: Phone ahead to confirm they are open and cooking tripas that day.
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Getting around Porto

The centre is compact and walkable, but it is steep, so wear comfortable shoes. Most places in this guide are within a short walk of Aliados, São Bento or Trindade. For O Gaveto, take the metro towards Matosinhos or use a bus or taxi; check the route planner on the day.

The Metro do Porto runs from the airport to the centre and out to Matosinhos, and the Andante card is the standard ticket system. Fares depend on the zones you cross. Tourist passes and the Porto.CARD options have changed recently, so check current products and prices before you buy.

Opening times, prices and transport change often, so check with each venue or operator before you go. For the full guide, photos and FAQs, see https://toptravelinsider.com/top-10-best-places-to-eat-in-porto/.