PRINTABLE ITINERARY

3-Day Bangkok Street Food Itinerary

From our guide **Top 10 Best Street Food in Bangkok**. Print it or save it to your phone.



Use this plan to cover the places above without too much travel. Our free printable 3-day Bangkok street food itinerary has the same stops in a handy format.

Day 1: Chinatown and the river

Start the morning in **Talat Noi** with snacks and coffee, then walk to **Phahurat** for an Indian lunch. In the late afternoon head to **Yaowarat Road** and graze through the evening. Everything is walkable or a short boat or taxi ride, so keep the day relaxed.

Day 2: Old town and Thonburi

Go to **Nang Loeng Market** in the morning for desserts, then take a taxi to the river for a boat to **Wang Lang Market** and a late snack lunch. Spend the afternoon resting, then return to the river at sunset. This day has less walking and more time on the water.

Day 3: Silom, Lumphini and Ari

Have a weekday lunch on **Soi Convent**, then walk to the **Lumphini hawker centre** for dessert and a rest in the park. Finish at **Soi Ari** in the late afternoon. If you have time before leaving Bangkok, add **Or Tor Kor Market** or the Pratunam chicken rice shop at the start of the day, as both are easy by MRT or BTS plus a short taxi ride.

The 10 places at a glance

1. Yaowarat Road (Chinatown)

How to get there: MRT Blue Line to Wat Mangkon station, then walk to Yaowarat Road, or take the Chao Phraya Express Boat to Ratchawong pier and walk.
How long to spend: Two to three hours, ideally over dinner.
Best time to go: From late afternoon into the evening, on a weekday if you dislike crowds.
Tip: Share dishes with a friend so you can try more stalls, and check for a clean, busy stall rather than an empty one.
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2. Soi Convent, Silom

How to get there: BTS Sala Daeng or MRT Silom station, then a short walk along Convent Road.
How long to spend: About one hour for lunch.
Best time to go: Weekday lunch, a little before or after the main rush.
Tip: Order papaya salad, grilled chicken and sticky rice to share, and ask for the spice level you can handle.
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3. Wang Lang Market

How to get there: Chao Phraya Express Boat to Wang Lang (Prannok) pier, or BTS Saphan Taksin and a boat up the river from Sathorn pier.
How long to spend: One to two hours.
Best time to go: Late morning, when most stalls are open and food is fresh.
Tip: Check which pier the boat stops at before you board, and bring small cash.
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4. Or Tor Kor Market

How to get there: MRT Blue Line to Kamphaeng Phet station, then use the exit that leads to the market and walk a couple of minutes.
How long to spend: One to two hours, including fruit shopping.
Best time to go: A weekday late morning, when the food court is open and the market is not too crowded.
Tip: Buy fruit from the stalls with a cut sample, and eat a hot dish while it is fresh from the wok.
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5. Pratunam chicken rice

How to get there: BTS Chit Lom or Ratchathewi, then a taxi, motorbike taxi or a hot walk along Phetchaburi Road. Check the exact address on a map app.
How long to spend: About 45 minutes.
Best time to go: Just before the lunch rush, or mid afternoon.
Tip: Go early to avoid the queue, and check current hours before you travel.
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6. Phahurat (Little India)

How to get there: MRT Blue Line to Sam Yot or Wat Mangkon and walk, or Chao Phraya Express Boat to Memorial Bridge pier (Saphan Phut) and walk. Check the route in a map app.
How long to spend: One to two hours.
Best time to go: Late morning or early afternoon, as many shops close earlier in the evening.
Tip: Try a vegetarian thali for lunch, and carry cash for the small stalls.
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7. Soi Ari and Phahonyothin Soi 7

How to get there: BTS Sukhumvit Line to Ari station, then walk down Phahonyothin Soi 7 and Soi Ari 1.
How long to spend: One to two hours.
Best time to go: Late afternoon on a weekday, or a weekend morning for breakfast.
Tip: Walk the whole lane first, then order from the stalls with the busiest queues.
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8. Lumphini hawker centre

How to get there: BTS Sala Daeng or MRT Lumphini, then walk to the park side entrance. Check the exit in a map app.
How long to spend: One to two hours, plus time in the park.
Best time to go: Lunch or early evening, avoiding the hottest part of the afternoon.
Tip: Walk the whole hall before you order, and check which shift is running.
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9. Nang Loeng Market

How to get there: Taxi or tuk-tuk from the old town or Khao San Road, or a walk from Democracy Monument. There is no nearby train station.
How long to spend: One to two hours.
Best time to go: Morning, ahead of lunch, when the desserts are freshest.
Tip: Go before midday, as popular desserts sell out, and ask what is freshly made.
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10. Talat Noi

How to get there: MRT Blue Line to Hua Lamphong then walk or taxi to Charoen Krung Soi 22, or a Chao Phraya boat to a nearby pier.
How long to spend: One to two hours.
Best time to go: A weekday morning, when vendors are fresh and lanes are quieter.
Tip: Wear flat shoes and be careful in the narrow lanes, and keep a small amount of cash for snacks.
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Getting around Bangkok

The BTS Skytrain and MRT metro are the easiest way to cover this list. Yaowarat, Or Tor Kor, Lumphini and Ari all have a station close by, and the BTS and MRT websites show routes and fares. The Chao Phraya Express Boat is useful for Wang Lang, Phahurat and Talat Noi, and is a pleasant way to cross the river. Taxis and ride-hailing apps are good for Nang Loeng and Pratunam, but traffic can be heavy, so avoid the rush hour. Motorbike taxis are fast but carry some risk, so only use them if you are confident.

Opening times, prices and transport change often, so check with each venue or operator before you go. For the full guide, photos and FAQs, see https://toptravelinsider.com/top-10-best-street-food-in-bangkok/.